

PAWNEE CITY INVITATIONAL

APRIL 24, 2007

ORDER OF EVENTS

2:30 P.M. Scratch Meeting

| | | |
|-----------|-----------------------|-------------------------|
| 3:00 P.M. | Series I | Series II |
| | Boys and Girls Discus | Boys and Girls Shot Put |
| | Boys Long Jump | Girls Long Jump |
| | Girls Triple Jump | Boys Triple Jump |
| | Girls High Jump | Boys High Jump |
| | Boys Pole Vault | Girls Pole Vault |

ORDER OF RUNNING EVENTS

(Start at 4:30)

| | |
|-------------------------|---------|
| Girls 3200 Meter Relay | Finals |
| Boys 3200 Meter Relay | Finals |
| Girls 100 Meter Hurdles | Prelims |
| Boys 110 Meter Hurdles | Prelims |
| Girls 100 Meter Dash | Prelims |
| Boys 100 Meter Dash | Prelims |
| Girls 400 Meter Dash | Finals |
| Boys 400 Meter Dash | Finals |
| Girls 3200 Meter Run | Finals |
| Boys 3200 Meter Run | Finals |
| Girls 200 Meter Dash | Prelims |
| Boys 200 Meter Dash | Prelims |

BREAK LENGTH OF TIME: TBA

| | |
|-----------------------------|--------|
| Girls 100 Meter Hurdles | Finals |
| Boys 110 Meter Hurdles | Finals |
| Girls 100 Meter Dash | Finals |
| Boys 100 Meter Dash | Finals |
| Girls 800 Meter Run | Finals |
| Boys 800 Meter Run | Finals |
| Girls 300 Meter Low Hurdles | Finals |
| Boys 300 Meter Int. Hurdles | Finals |
| Girls 200 Meter Dash | Finals |
| Boys 200 Meter Dash | Finals |
| Girls 1600 Meter Run | Finals |
| Boys 1600 Meter Run | Finals |
| Girls 400 Meter Relay | Finals |
| Boys 400 Meter Relay | Finals |
| Girls 1600 Meter Relay | Finals |
| Boys 1600 Meter Relay | Finals |

INVITATIONAL WORK ASSIGNMENTS

TIMERS

1ST -- PAWNEE CITY
2ND -- LEWISTON
3RD -- SOUTHEAST
4TH -- NEMAHA VALLEY
5TH -- STERLING
6TH -- H-TR-S
7TH -- AXTELL
8TH -- JOHNSON-BROCK

PICKERS

1ST -- LEWISTON
2ND -- NEMAHA VALLEY
3RD -- STERLING
4TH -- H-TR-S
5TH -- AXTELL
6TH -- BERN
7TH -- JOHNSON-BROCK
8TH -- PAWNEE CITY

FIELD EVENTS

GIRLS SHOT -- PAWNEE CITY
BOYS SHOT -- PAWNEE CITY
GIRLS DISCUS -- H-TR-S
BOYS DISCUS -- AXTELL
GIRLS LONG JUMP -- BERN
BOYS LONG JUMP -- LEWISTON
GIRLS TRIPLE JUMP -- STERLING
BOYS TRIPLE JUMP -- STERLING
BOYS HIGH JUMP -- SOUTHEAST
GIRLS HIGH JUMP -- JOHNSON-BROCK
POLE VAULT -- NEMAHA VALLEY

1. Bring stop watches if you are timing an event.
2. Please bring adequate help to cover assignments. If this is not possible, please let me know as soon as possible.
3. Bring measuring tapes if you are responsible for events that require a tape.

PLEASE DO NOT PUT UP TENTS INSIDE THE TRACK

FIELD EVENTS

All competitors get three trials. The top eight will advance to the finals and those will get three additional trials. In the High Jump and Pole Vault, each competitor will get three attempts at each height.

RUNNING EVENTS

The eight fastest times will advance from the preliminaries to the finals.

AWARDS

First, Second and Third Place Plaques

Medals will be given for the first six places, except in relays where only 1st, 2nd and 3rd medals will be given. (In the event of a tie, a coin flip by the coaches involved will determine the medal winner.)

ENTRY FEE OF \$110

Date: April 5, 2007

To: Track Coaches and Activity Directors

From: Bob West, PC High School Invitational Meet Director

Welcome to the 2007 Pawnee City High Invitational Track Meet at Pawnee City. We are pleased to have the opportunity to host this meet this year and are excited that you will be here to participate. This year's meet date is **Tuesday, April 24, 2007 beginning at 3:00 P.M.** We hope your stay will be rewarding.

Enclosed please find the schedule of events, workers and timers schedules pertaining to the meet. Please have your entry form submitted to us by **12:00 P.M. Thursday, April 19.** The link for the entries is www.lewistonsports.com/track. Follow the entry instructions that are posted on the site. Your passwords are Boys _____ Girls _____.

Entries are three in each event and one entry per school per relay. Please note that you may not add athletes the day of the meet, however, you will be allowed to replace an entered athlete with another from your team. A scratch meeting will be held at 2:30 P.M. next to the concession stand.

If teams want to set up camp, there will be plenty of areas available outside the track. No tents will be allowed inside the track or on the west end.

If you have any questions, please refer them to Bob West at 852-2988. Good luck at the meet.

ITEMS OF INFORMATION:

1. Field events will start at 3:00 p.m. and running events at approximately 4:30 p.m.
2. Scoring is 10-8-6-4-2-1
3. Your awards and results may be picked up after the meet. Six medals will be given for all events and three places in relays. Team Champion and Runner-up Plaques will be awarded.
4. Please dress at home. No locker facilities will be available.
5. We ask that all coaches, spectators and athletes stay in the grandstand area. Only participants will be allowed on the track and finish line area.
6. School buses park one block south of the track in the city parking lot. Fans may use the parking lots and a new lot across the street south of the track.
7. The High School buildings are off limits to all athletes.
8. Spike length is 1/8" maximum. Any longer length will result in immediate disqualification in all events for the athlete or removal of their shoes.
9. Please use only chalk on runways for marks—NO TAPE
10. Please do not allow students to set up camp inside the track or on the west end.
11. Admission is \$3.00 for Adults and \$2.00 for students.
12. Concessions and restrooms will be in the building on the East end of the track.
13. Please clean up your area before you leave for the day.