

Freeman Invite 2008 - 4/29/2008 to 4/29/2009

Doane College; Crete, NE

Results

Event 1 Girls High Jump

Meet Records: 5-06 * 5/3/2005 Katie Bartels

Name	School	Finals	
1 Snyder, Ashton	JB	4-10.00	10
2 Stubbendeck, Ericka	E-M	J4-10.00	8
3 Rippe, Rachel	JB	J4-10.00	6
4 Engelman, Amie	DO	4-08.00	4
5 Nelson, Raegan	Deshler	J4-08.00	1.5
5 McGinnis, Sarah	DO	J4-08.00	1.5
7 Sorensen, Jessie	CC	4-06.00	
7 Meyer, Danielle	Deshler	4-06.00	
7 Guenther, Kassie	JCC	4-06.00	
7 Welter, Hannah	Lincoln Park	4-06.00	
11 Mitchell, Sarah	LEW	4-04.00	
11 Lilja, Heather	JB	4-04.00	
13 Bernholtz, Meghan	Lincoln Park	4-02.00	
13 Mertens, Sarah	Lincoln Park	4-02.00	
--- Fortney, Rachel	E-M	NH	
--- Burrows, Lacey	DOR	NH	
--- Holst, Jackie	DO	NH	

Event 3 Girls Pole Vault

Meet Records: 9-00 * 5/1/2007 Kate Wellensiek

Name	School	Finals	
1 Wellensiek, Kate	JCC	9-03.00*	10
2 Boman, Ashley	CC	7-09.00	8
3 Watts, Sam	JCC	J7-09.00	6
4 Niedermeyer, Lisa	JCC	J7-09.00	4
5 Zeziorski, Natalie	CC	6-09.00	2
--- Coffey, Miranda	FRD	NH	

Event 5 Girls Long Jump

Meet Records: 18-02.50 * 1977 Julie Farris

Name	School	Finals	
1 Kramer, Maggie	LEW	16-07.50	10
2 VanGroningen, Courtney	Sterling	16-07.00	8
3 Stubbendeck, Ericka	E-M	16-05.00	6
4 Bober, Megan	E-M	15-06.50	4
5 Borrenpohl, Breanna	Lincoln Park	15-04.50	2
6 Sorensen, Abby	CC	15-03.50	1
7 Koch, Jenna	DO	15-00.50	
8 Fuchser, Amanda	Lincoln Park	15-00.00	
9 Wininger, Brooke	JB	14-06.00	
10 Koch, Teri Ann	DO	14-05.50	
11 Fischer, Hannah	E-M	14-02.50	
11 Spanyers, Erica	DOR	14-02.50	
13 Mesloh, Emma	Deshler	14-00.00	
14 Bailey, Breanna	CC	13-09.00	
15 Liberty, Cree	JCC	13-07.00	
16 Marker, Sara	Freeman	13-06.00	
17 Beehe, Kesha	JCC	13-05.50	
18 Roth, Tonya	DOR	13-01.50	
19 Vanderbeek, Jenna	Freeman	12-11.50	
20 Engelman, Amie	DO	12-10.50	
21 Moody, Molly	JB	11-10.00	
22 Burrows, Lacey	DOR	11-08.50	

23 Scheer, Becky	JCC	11-07.00
24 Thanner, Vera	Deshler	9-00.00

Event 7 Girls Triple Jump

Meet Records: 36-02 * 2004 Janelle Weber

Name	School	Finals	
1 Sorensen, Abby	CC	34-03.75	10
2 Bober, Megan	E-M	33-04.75	8
3 Stubbendeck, Ericka	E-M	32-08.50	6
4 Kramer, Maggie	LEW	32-05.75	4
5 Koch, Teri Ann	DO	32-05.50	2
6 Smith, Emily	Lincoln Park	31-04.50	1
7 Wininger, Brooke	JB	31-02.50	
8 Engelman, Amie	DO	30-05.75	
9 Havlat, Malinda	DOR	29-11.50	
10 Beehe, Kesha	JCC	29-08.50	
11 Mesloh, Emma	Deshler	29-06.75	
12 Jirkovsky, Alex	Deshler	29-01.75	
13 Roth, Tonya	DOR	29-00.00	
14 Strop, Amy	Lincoln Park	28-09.50	
15 Watts, Sam	JCC	28-05.00	
16 Burrows, Lacey	DOR	28-04.50	
17 Mertens, Sarah	Lincoln Park	27-11.25	
18 Davison, Taylor	JCC	27-04.25	
19 Fortney, Rachel	E-M	25-05.75	
20 Dornberier, Tina	Deshler	25-01.25	
--- Bailey, Breanna	CC	ND	

Event 9 Girls Discus Throw

Meet Records: 127-08 * 1998 Jayne Christen

Name	School	Finals	
1 Lawver, Karmen	DOR	116-08	10
2 Pohlmann, Emily	Deshler	104-04	8
3 Wellensiek, Kate	JCC	102-06	6
4 Menke, Nicole	FRD	98-11	4
5 Sorensen, Jessie	CC	95-07	2
6 Studnicka, Brendell	CC	87-04	1
7 Laughlin, Christy	E-M	87-03	
8 Gumaer, Jorie	Deshler	85-03	
9 Dwyer, Shayna	E-M	84-10	
10 Sand, Ranell	DOR	84-08	
11 Embree, Deb	Lincoln Park	82-04	
12 Wessel, Ashley	JCC	81-00	
12 Erickson, Jamie	Sterling	81-00	
14 McMurray, Vanessa	DO	80-02	
15 Parks, Chynna	DOR	79-00	
16 Nelson, Heidi	DO	75-07	
17 Woodbury, Morgan	CC	74-11	
18 Beyer, Ashley	E-M	74-05	
19 Salts, Alisha	LEW	72-06	
20 Schardt, Shelby	Deshler	70-09	
21 Aden, Deana	Lincoln Park	62-06	
22 Wolken, Brittany	JCC	59-04	
23 Owen, Melissa	Nebr Luthera	58-03	
24 Kalivoda, Julie	DO	56-04	
25 Johnson, Erin	JB	56-03	

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(Event 9 Girls Discus Throw)

Name	School	Finals
26 Gilbert, Emily	JB	51-04
27 Page, Marissa	Freeman	51-00
28 Elwood, Jennifer	Lincoln Park	49-04
--- Menke, Krista	FRD	ND

Event 11 Girls Shot Put

Meet Records: 42-05.25 * 5/2/2006 Tessa Thiel

Name	School	Finals
1 Lawver, Karmen	DOR	37-09.00 10
2 Wellensiek, Kate	JCC	34-00.50 8
3 Gumaer, Jorie	Deshler	33-08.00 6
4 Pohlmann, Emily	Deshler	33-00.00 4
5 Theye, Jamie	DO	32-08.50 2
6 Sorensen, Jessie	CC	32-00.50 1
7 Menke, Krista	FRD	32-00.00
8 Dwyer, Shayna	E-M	31-04.50
9 Nelson, Heidi	DO	31-03.50
10 Field, Laura	JCC	30-11.00
11 Erickson, Jamie	Sterling	29-04.00
12 Menke, Nicole	FRD	29-02.00
12 Pohlmann, Megan	Deshler	29-02.00
14 Guenther, Kassie	JCC	29-01.00
15 Aden, Deana	Lincoln Park	28-03.00
16 Embree, Deb	Lincoln Park	28-02.00
17 McAuliffe, McKenzie	Sterling	27-01.50
18 Johnson, Erin	JB	26-08.00
19 Studnicka, Brendell	CC	26-06.50
20 Amanda, Wenner	DOR	25-11.00
21 Laughlin, Christy	E-M	25-09.00
22 Zimmerman, Molly	E-M	24-09.00
23 Owen, Melissa	Nebr Luthera	24-02.00
24 Parks, Chynna	DOR	23-11.00
25 Gilbert, Emily	JB	22-09.50
26 Veik, Brittney	CC	22-04.00
27 Page, Marissa	Freeman	21-08.00
28 Elwood, Jennifer	Lincoln Park	21-00.00
29 Salts, Alisha	LEW	19-10.50
30 Mattox, Emily	Nebr Luthera	19-09.00
31 Jones, Shelby	JB	18-07.00

Event 13 Girls 4x800 Meter Relay

Meet Records: 10:30.00 * 1996 Nemaha Valley

Hathaway, Noerrlinger, Formanack, Seeba

Team	Relay	Finals
1 Deshler	A	10:37.50 10
2 Clay Center	A	10:50.70 8
3 JCC	A	10:51.50 6
4 Diller-Odell	A	11:09.50 4
5 Johnson-Brock	A	11:50.10 2
6 Elmwood-Murdock	A	11:52.00 1
7 Lewiston	A	12:11.50
8 Friend	A	12:31.20

Event 15 Girls 100 Meter Hurdles

Meet Records: 16.20 * 5/1/2007 Kelsey Schuster

Name	School	Finals
1 VanGroningen, Courtney	Sterling	16.70 10
2 Borrenpohl, Breanna	Lincoln Park	17.20 8
3 Rickstrew, Janelle	DO	18.20 6
4 Ita, A.J.	E-M	18.40 4
5 Zarybnicky, Jana	DO	18.70 2
6 Fritz, Teresa	E-M	18.90 1
7 Shea, Morgan	Sterling	19.20
8 Sisco, Katy	LEW	19.80

Event 15 Girls 100 Meter Hurdles

Meet Records: 16.20 * 5/1/2007 Kelsey Schuster

Name	School	Prelims
1 Borrenpohl, Breanna	Lincoln Park	17.20q
1 VanGroningen, Courtney	Sterling	17.20q
3 Rickstrew, Janelle	DO	18.20q
4 Ita, A.J.	E-M	18.60q
5 Fritz, Teresa	E-M	18.80q
6 Zarybnicky, Jana	DO	19.10q
6 Sisco, Katy	LEW	19.10q
8 Shea, Morgan	Sterling	19.60q
9 Kuhl, Katie	JCC	19.70
10 Pelchat, Allyson	JB	20.50
11 Daehling, Madeline	Sterling	20.80
12 Andersen, Erin	E-M	20.90
13 Lawver, Katlin	DOR	21.10
14 Kostal, Hannah	DO	21.90
15 Lawver, Meghan	FRD	22.60
16 Davison, Taylor	JCC	23.50
--- Strop, Amy	Lincoln Park	DNF

Event 17 Girls 100 Meter Dash

Meet Records: 12.10 * 1976 Julie Harris

Name	School	Finals
1 VanGroningen, Courtney	Sterling	13.10 10
2 Behrens, Cherisa	E-M	13.50 8
3 Hrabik, Lyndsey	E-M	13.60 6
4 Stutzman, Caleigh	FRD	13.70 4
5 Milke, Megan	Freeman	J13.70 2
6 Marker, Sara	Freeman	14.10 1
7 Koch, Jenna	DO	J14.10
8 Duntz, Amber	DO	14.20

Event 17 Girls 100 Meter Dash

Meet Records: 12.10 * 1976 Julie Harris

Name	School	Prelims
1 VanGroningen, Courtney	Sterling	13.20q
2 Hrabik, Lyndsey	E-M	13.70q
3 Behrens, Cherisa	E-M	13.80q

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Preliminaries ... (Event 17 Girls 100 Meter Dash)

Name	School	Prelims
3 Stutzman, Caleigh	FRD	13.80q
5 Milke, Megan	Freeman	13.90q
6 Koch, Jenna	DO	14.00q
6 Marker, Sara	Freeman	14.00q
6 Duntz, Amber	DO	14.00q
9 Bacus, Sunshine	E-M	14.10
10 Welter, Hannah	Lincoln Park	14.20
10 Alicia, Shipley	Sterling	14.20
12 Hagemeyer, Jasmine	Freeman	14.30
12 Fuchser, Amanda	Lincoln Park	14.30
14 Meyer, Courtney	DO	14.40
14 Mertens, Sarah	Lincoln Park	14.40
16 Wells, Sydney	DOR	14.60
17 Wininger, Brooke	JB	14.70
18 Stutzman, Kelly	DOR	15.20
18 Nelson, Raegan	Deshler	15.20
20 Carbajal, Natasha	JB	15.30
20 Moody, Molly	JB	15.30
22 Bailey, Breanna	CC	15.50
22 Vongphakdy, Michelle	JCC	15.50
24 Reilly, Shelby	JCC	15.60
24 Liberty, Cree	JCC	15.60
26 Moore, Macey	FRD	15.90
27 Hudson, Ra'von	CC	16.00
28 Thanner, Vera	Deshler	18.60

Event 19 Girls 400 Meter Dash

Name	School	Finals
1 Theye, Kelly	DO	1:03.90 10
2 Milke, Megan	Freeman	1:05.30 8
3 Bober, Megan	E-M	1:06.20 6
4 Sorensen, Abby	CC	1:07.30 4
5 Springer, Charity	DOR	1:07.70 2
6 Ita, A.J.	E-M	1:08.00 1
7 Ronhovde, Staci	E-M	1:09.00
7 Johns, Laura	JCC	1:09.00
9 McAuliffe, McKenzie	Sterling	1:09.50
10 Schilf, Kelsey	Deshler	1:10.10
11 Theye, Jamie	DO	1:10.70
12 Prachiel, Molly	DOR	1:12.80
13 Kauffman, Kayti	JCC	1:13.40
14 Mattox, Emily	Nebr Luthera	1:13.60
15 Arntt, Ashley	DO	1:14.20
16 Larsen, Amanda	FRD	1:14.30
17 Hestermann, Reba	Sterling	1:15.00
18 Alberts, Kayla	JB	1:16.30
19 Nelson, Raegan	Deshler	1:16.70
20 Luhmann, Juli	LEW	1:29.70
--- Buhr, Bailey	Freeman	NT
--- Smith, Emily	Lincoln Park	NT
--- Reilly, Shelby	JCC	DQ

Event 21 Girls 3200 Meter Run

Meet Records: 11:39.40 * 1984

Rochelle Weilage

Name	School	Finals
1 Magill, Adriana	Sterling	13:00.20 10
2 Martinez, Angie	JCC	13:09.80 8
3 Stengel, Lauren	Deshler	13:17.80 6
4 Woodbury, Morgan	CC	13:25.50 4
5 Betten, Kylie	Deshler	13:38.30 2
6 Bernholtz, Meghan	Lincoln Park	13:45.00 1
7 Studnicka, Brendell	CC	14:12.70
8 Rosenboom, Victoria	E-M	14:44.70
--- Gadeken, Tanya	JCC	NT
--- Pickering, Emma	Nebr Luthera	NT
--- Scheer, Becky	JCC	NT
--- Moore, Bailie	FRD	NT
--- Schmale, Gina	LEW	NT
--- Ronhovde, Sierra	E-M	NT
--- Hirsch, Bailey	Nebr Luthera	NT
--- Mason, Amber	Freeman	DQ

Event 23 Girls 200 Meter Dash

Name	School	Finals
1 VanGroningen, Courtney	Sterling	27.70 10
2 Behrens, Cherisa	E-M	28.30 8
3 Kramer, Maggie	LEW	28.70 6
4 Theye, Kelly	DO	28.80 4
5 Hrabik, Lyndsey	E-M	29.10 2
6 Borrenpohl, Breanna	Lincoln Park	J29.10 1
7 Havlat, Amy	DOR	29.40
8 Duntz, Amber	DO	30.10

Event 23 Girls 200 Meter Dash

Name	School	Prelims
1 VanGroningen, Courtney	Sterling	27.60q
2 Behrens, Cherisa	E-M	28.40q
3 Hrabik, Lyndsey	E-M	28.60q
4 Kramer, Maggie	LEW	28.80q
5 Theye, Kelly	DO	29.20q
6 Borrenpohl, Breanna	Lincoln Park	29.30q
7 Havlat, Amy	DOR	29.50q
8 Duntz, Amber	DO	29.60q
9 Koch, Jenna	DO	30.20
10 Marker, Sara	Freeman	30.40
11 Havlat, Malinda	DOR	30.60
12 Schilf, Kelsey	Deshler	30.90
12 Kuhl, Katie	JCC	30.90
14 Vanderbeek, Jenna	Freeman	31.20
14 Kuhlman, Ali	E-M	31.20
16 Springer, Charity	DOR	31.60
17 Mesloh, Emma	Deshler	31.90
18 Dornberier, Tina	Deshler	32.20
19 Hestermann, Reba	Sterling	32.30
20 Slater, Sara	CC	32.70

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Preliminaries ... (Event 23 Girls 200 Meter Dash)

Name	School	Prelims
20 Kauffman, Kayti	JCC	32.70
20 Grable, Jessica	JB	32.70
20 Kubicek, Chelsea	FRD	32.70
24 Vongphakdy, Michelle	JCC	33.50
24 Polivka, Nicole	Lincoln Park	33.50
26 Carbajal, Natasha	JB	33.60
27 Benson, Keri	LEW	33.80
28 Hudson, Ra'von	CC	34.40
29 Gibbons, Elizabeth	JB	35.70
30 Luhmann, Juli	LEW	36.70
--- Fuchser, Amanda	Lincoln Park	NT

Event 25 Girls 800 Meter Run

Meet Records: 2:22.90 * 1998 Sarah Harms

Name	School	Finals
1 Wolken, Denae	Freeman	2:29.20 10
2 Straube, Jamie	JCC	2:34.80 8
3 Magill, Adriana	Sterling	2:40.50 6
4 Baxa, Jill	CC	2:41.00 4
5 Wells, Sydney	DOR	2:41.60 2
6 Smith, Emily	Lincoln Park	2:43.80 1
7 Ronhovde, Staci	E-M	2:46.70
8 Rippe, Rachel	JB	2:48.60
9 Bader, Katrina	Nebr Luthera	2:50.70
10 Weber, Holly	JCC	2:52.40
11 Larsen, Amanda	FRD	2:56.60
12 Owen, Melissa	Nebr Luthera	3:02.00
12 Meyer, Emily	E-M	3:02.00
14 Pariset, Shelby	DOR	3:02.70
15 Hatzenbuehler, Jill	DO	3:07.10
16 Polivka, Nicole	Lincoln Park	3:07.30
--- Stutzman, Kelly	DOR	NT
--- Buhr, Bailey	Freeman	NT
--- McAuliffe, McKenzie	Sterling	NT
--- Hajek, Brianna	DO	NT
--- Lilja, Heather	JB	NT
--- Coffey, Miranda	FRD	NT
--- Effken, Kali	JCC	NT

Event 27 Girls 300 Meter Hurdles

Meet Records: 47.80 * 5/2/2006 Kasha Krueger

Name	School	Finals
1 Hoyt, Steph	CC	50.30 10
2 Ita, A.J.	E-M	50.40 8
3 Ruskamp, Laura	JB	53.00 6
4 Zarybnicky, Jana	DO	53.50 4
5 Rickstrew, Janelle	DO	54.60 2
6 Strop, Amy	Lincoln Park	55.10 1
7 Daehling, Madeline	Sterling	55.80
8 Sisco, Bonnie	LEW	56.30
9 Pelchat, Allyson	JB	57.00
10 Lawver, Katlin	DOR	58.00
11 Fritz, Teresa	E-M	58.20
12 Shea, Morgan	Sterling	1:00.70

13 Mathley, Alyssa	E-M	1:01.30
14 Sisco, Katy	LEW	1:01.90
15 Kuhl, Katie	JCC	1:02.00
16 Davison, Taylor	JCC	1:03.30
17 Slater, Sara	CC	1:03.70

Event 29 Girls 1600 Meter Run

Meet Records: 5:30.10 * 1984 Rochelle Weilage

Name	School	Finals
1 Wolken, Denae	Freeman	5:46.90 10
2 Searcey, Nicole	JCC	5:50.30 8
3 Yates, Brooke	CC	5:58.50 6
4 Bober, Megan	E-M	6:04.70 4
5 Tompkin, Ceirra	CC	6:08.40 2
6 Krueger, Heidi	DO	6:09.90 1
7 Vitosh, Morgan	DO	6:17.40
8 Scott, Jamie	JCC	6:24.10
--- Mason, Amber	Freeman	NT
--- Bader, Katrina	Nebr Luthera	NT
--- Weber, Holly	JCC	NT
--- Pariset, Shelby	DOR	NT
--- Brewer, Amanda	E-M	NT
--- Hirsch, Bailey	Nebr Luthera	NT
--- McAuliffe, McKenzie	Sterling	NT
--- Dunekacke, Amanda	JB	NT
--- Magill, Adriana	Sterling	NT
--- Schmale, Gina	LEW	NT
--- Boller, Wendy	DOR	NT

Event 31 Girls 4x100 Meter Relay

Meet Records: 52.50 * 5/3/2005 Tecumseh

Team	Relay	Finals
1 Clay Center	A	54.40 10
2 Elmwood-Murdock	A	55.10 8
3 Diller-Odell	A	56.00 6
4 Lincoln Parkview	A	56.10 4
5 Dorchester	A	56.50 2
6 JCC	A	56.90 1
7 Friend	A	58.10
8 Lewiston	A	58.30
9 Johnson-Brock	A	1:00.10
10 Sterling	A	1:02.70
--- Freeman	A	NT

Event 33 Girls 4x400 Meter Relay

Meet Records: 4:14.60 * 1997 Nemaha Valley

Team	Relay	Finals
1 Freeman	A	4:27.50 10
2 JCC	A	4:28.40 8
3 Diller-Odell	A	4:29.70 6
4 Elmwood-Murdock	A	4:32.50 4
5 Dorchester	A	4:36.70 2
6 Deshler	A	4:40.50 1
7 Lincoln Parkview	A	4:42.20
8 Sterling	A	4:48.70
9 Clay Center	A	4:52.70

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(Event 33 Girls 4x400 Meter Relay)

	Team	Relay	Finals
10	Johnson-Brock	A	4:57.70
11	Nebr Lutheran	A	5:02.40
12	Friend	A	5:03.30
13	Lewiston	A	5:12.30

Women - Team Rankings - 17 Events Scored

1)	Elmwood-Murdock	93
2)	Johnson County Central	73
2)	Clay Center	73
4)	Diller-Odell	54.5
5)	Sterling	54
6)	Freeman	41
7)	Deshler	38.5
8)	Dorchester	28
9)	Johnson-Brock	24
10)	Lewiston	20
11)	Lincoln Parkview	19
12)	Friend	8