

2016 Irish Invitational - 4/19/2016

Syracuse, NE

Results

Girls 100 Meter Dash

Top 8 Times Advance to Finals

Meet Record: 11.90 * 2005

Sarah Lyons

Name	School	Prelims
Preliminaries		
1 Ruffner, Reagan	Conestoga	13.68q
2 Hahn, Kacie	Johnson-Broc	13.77q
3 Gyhra, Lydia	Pawnee City	13.84q
4 Haner, Morgan	Sterling	13.90q
5 Maier, Caylin	Conestoga	13.97q
6 Woods, Kahner	Syracuse	14.03q
7 Jackson, Raven	O Christian	14.16q
8 Caldwell, Alexandria	Cornerstone	14.27q
9 Nichols, Mattie	Johnson-Broc	14.53
10 Gyhra, Aeden	Pawnee City	14.60
11 Luff, Briley	Palmyra	14.64
12 Daegas, Rylie	O Christian	14.66
13 Jurgens, Alyssa	Sterling	14.69
14 Goracke, Erika	Sterling	14.88
15 Glover-Flakes, Talesha	DC West	15.12
16 Newman, Terra	Johnson-Broc	15.16
17 Jeffrey, Savana	DC West	15.22
18 Calfee, Moriah	Palmyra	15.26
19 Reginald, Shirley	O Christian	15.28
20 Trauner, Sophie	Lewiston	15.35
21 Howell, Cari	Lewiston	15.35
22 Haralabidis, Marina	FC Sacred He	15.45
23 McKim, Isabel	Conestoga	15.66
24 Briley, Jill	NC Lourdes C	15.93
25 Baker, Alayna	Palmyra	16.25
26 Keyes, Karen	Lewiston	16.82

Girls 100 Meter Dash

Top 8 Times Advance to Finals

Meet Record: 11.90 * 2005

Sarah Lyons

Name	School	Finals
Finals		
1 Ruffner, Reagan	Conestoga	13.36 10
2 Hahn, Kacie	Johnson-Broc	13.83 8
3 Haner, Morgan	Sterling	14.00 6
4 Woods, Kahner	Syracuse	14.02 4
5 Jackson, Raven	O Christian	14.03 2
6 Gyhra, Lydia	Pawnee City	14.09 1
7 Maier, Caylin	Conestoga	14.14
8 Caldwell, Alexandria	Cornerstone	14.46

Girls 200 Meter Dash

Top 8 Times Advance to Finals

Times are Hand timed for the 200M

Meet Record: 24.60 * 2005

Sarah Lyons

Name	School	Prelims
Preliminaries		
1 Gines, Devine	O Christian	27.40q
2 Gyhra, Lydia	Pawnee City	28.30q
3 Lundquist, Kylie	O Christian	28.40q

4 Gobber, Ellie	Syracuse	28.80q
5 Hahn, Kacie	Johnson-Broc	28.90q
6 Vanderslice, Sarah	Cornerstone	29.00q
7 Menninga, Sabre	Pawnee City	29.50q
8 Caldwell, Alexandria	Cornerstone	29.60q
9 Gyhra, Aeden	Pawnee City	29.70
9 Maier, Caylin	Conestoga	29.70
9 Luff, Briley	Palmyra	29.70
12 Wingert, Malayna	Sterling	30.00
13 Haner, Morgan	Sterling	30.10
14 Meybrunn, Kristin	Lewiston	30.90
15 Wehrbein, Megan	Lewiston	31.00
16 Goracke, Erika	Sterling	31.10
17 Vorderstrasse, Sarah	Palmyra	31.50
18 Jeffrey, Savana	DC West	31.80
19 Westenburg, Brynn	Johnson-Broc	32.00
20 Glover-Flakes, Talesha	DC West	32.10
21 Strasheim, Megan	FC Sacred He	32.20
22 Howell, Cari	Lewiston	32.90
23 Tulsie, Hannah	O Christian	33.40
24 Cook, Sam	Cornerstone	33.70
25 Haralabidis, Marina	FC Sacred He	33.80
26 Anderson, Kaitlyn	Johnson-Broc	36.20
27 Briley, Grace	Palmyra	38.80

Girls 200 Meter Dash

Top 8 Times Advance to Finals

Times are Hand timed for the 200M

Meet Record: 24.60 * 2005

Sarah Lyons

Name	School	Finals
Finals		
1 Gines, Devine	O Christian	27.10 10
2 Lundquist, Kylie	O Christian	28.20 8
3 Gyhra, Lydia	Pawnee City	28.60 6
4 Vanderslice, Sarah	Cornerstone	28.70 4
5 Gobber, Ellie	Syracuse	28.80 2
6 Hahn, Kacie	Johnson-Broc	29.50 1
7 Menninga, Sabre	Pawnee City	30.10
8 Caldwell, Alexandria	Cornerstone	31.50

Girls 400 Meter Dash

Meet Record: 59.70 * 1999

Mandy Bornemeier

Name	School	Finals
Finals		
1 Ruffner, Reagan	Conestoga	1:00.46 10
2 Box, Laura	NC Lourdes C	1:02.25 8
3 Gines, Devine	O Christian	1:02.87 6
4 Cockerill, Taylor	Sterling	1:04.63 4
5 Wagner, Courtney	Conestoga	1:05.10 2
6 Funke, Maggie	NC Lourdes C	1:05.20 1
7 Lundquist, Kylie	O Christian	1:05.21
8 Vanderslice, Sarah	Cornerstone	1:05.56
9 Caldwell, Alexandria	Cornerstone	1:07.33
10 Ebel, Ahren	FC Sacred He	1:07.96
11 Wenzl, Carly	Sterling	1:08.93
12 Weiler, Taylor	Syracuse	1:10.51

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Syracuse, NE

Results

Finals ... (Girls 400 Meter Dash)

Name	School	Finals
13 DeFreece, Leah	NC Lourdes C	1:11.32
14 Caveye, Caitlin	DC West	1:11.68
15 Koehler, Jayse	Johnson-Broc	1:12.73
16 Trauner, Sophie	Lewiston	1:13.01
17 Damme, Makayla	Johnson-Broc	1:13.71
18 Schock, Chloe	FC Sacred He	1:14.90
19 Waltke, Marissa	Palmyra	1:15.50
20 Pendell, Shyanne	Johnson-Broc	1:16.80
21 Huls, Sydney	Sterling	1:17.05
22 Blank, Raegan	Pawnee City	1:17.36
23 Catlin, Ciara	FC Sacred He	1:18.47
24 Frazee, Abbie	Palmyra	1:19.43
25 Morehead, Teresa	FC Sacred He	x1:20.68
26 Baker, Alayna	Palmyra	1:21.56
27 Fulton, Miah	Lewiston	1:22.81
28 Lee, Samantha	O Christian	1:27.02
29 McClean, Abby	Cornerstone	1:33.95
--- Menninga, Sabre	Pawnee City	NT

Girls 800 Meter Run

Meet Record: 2:22.60 * 2014

Haley Harsin

Name	School	Finals
Finals		
1 Cockerill, Taylor	Sterling	2:30.08 10
2 Hardesty, Autumn	Conestoga	2:32.47 8
3 Parriott, Jaci	Conestoga	2:37.26 6
4 Wagner, Courtney	Conestoga	2:37.37 4
5 Lowman, Kim	Syracuse	2:37.97 2
6 Vorderstrasse, Sarah	Palmyra	2:46.36 1
7 Wingert, Malayna	Sterling	2:49.36
8 Kernan, Lauren	Syracuse	2:52.48
9 Welch, Olivia	NC Lourdes C	2:57.61
10 Guerry, Sienna	Cornerstone	2:59.68
11 Dramse, Akela	Cornerstone	3:00.48
12 Lundquist, Kaitlyn	O Christian	3:10.75
13 Thomas, Isabelle	Palmyra	3:13.16
14 Cline, Ann	Pawnee City	3:17.45
15 Lewis, Abigail	Palmyra	3:18.18
16 Fulton, Miah	Lewiston	3:24.40
17 Parks, Grace	Pawnee City	3:33.57
18 McClean, Abby	Cornerstone	3:37.79
--- Zimmerman, Riley	Conestoga	NT
--- Trauner, Sophie	Lewiston	NT

Girls 1600 Meter Run

Meet Record: 5:19.00 * 2012

Haley Harsin

Name	School	Finals
Finals		
1 Cockerill, Taylor	Sterling	5:46.41 10
2 Parriott, Jaci	Conestoga	6:10.28 8
3 Svanda, Sophia	Conestoga	6:16.11 6
4 Branek, Miranda	Pawnee City	6:21.69 4
5 Wigington, Joey	NC Lourdes C	6:23.27 2
6 Hobscheidt, Madi	Conestoga	6:29.53 1

7 Guerry, Sienna	Cornerstone	6:37.34
8 Gutierrez, Hannah	DC West	6:42.58
9 Cline, Ann	Pawnee City	7:02.32
10 Robinett, Elizabeth	Palmyra	7:05.39
11 Thomas, Isabelle	Palmyra	7:24.80
12 Hestermann, Marah	Sterling	7:26.89
13 Lewis, Abigail	Palmyra	7:39.81
--- Lundquist, Kaitlyn	O Christian	NT

Girls 3200 Meter Run

Meet Record: 11:51.80 * 2014

Haley Harsin

Name	School	Finals
Finals		
1 Branek, Miranda	Pawnee City	13:11.65 10
2 Wigington, Joey	NC Lourdes C	13:14.35 8
3 Glock, Regan	DC West	13:58.59 6
4 Eckhardt, Heidi	Sterling	14:18.27 4
5 Weilage, Kaylyn	Conestoga	14:42.61 2
6 Fisher, Alisha	Sterling	14:42.62 1

Girls 100 Meter Hurdles

Top 8 Times Advance to Finals

Meet Record: 15.20 * 1998

Julie Froeschl

Meet Record: 15.20 * 4/22/2014

Emily Harsin

Name	School	Prelims
Preliminaries		
1 Willey, Mariah	Pawnee City	15.92q
2 Harms, Nicole	Sterling	16.87q
3 Holthus, Emily	Syracuse	18.20q
4 Parrish, Lauren	FC Sacred He	18.76q
5 Calfee, Moriah	Palmyra	18.86q
6 Young, Sammy Jo	Syracuse	18.92q
7 Haag, Kiley	Syracuse	18.94q
8 Gano, Kayleigh	Palmyra	19.04q
9 Simon, Kaitlynn	Johnson-Broc	19.34
10 Deese, Abby	Cornerstone	20.07
11 Wertenberger, Sara	FC Sacred He	20.21
12 Howell, Cari	Lewiston	20.26
13 Stuhr, Alivia	NC Lourdes C	20.56
14 Jurgens, Alyssa	Sterling	21.64
15 Casarez, Corina	O Christian	21.87
16 Hunter, Stewart	Johnson-Broc	22.20
17 Haralabidis, Marina	FC Sacred He	23.30
18 Meybrunn, Kristin	Lewiston	23.54

Girls 100 Meter Hurdles

Top 8 Times Advance to Finals

Meet Record: 15.20 * 1998

Julie Froeschl

Meet Record: 15.20 * 4/22/2014

Emily Harsin

Name	School	Finals
Finals		
1 Willey, Mariah	Pawnee City	15.74 10
2 Harms, Nicole	Sterling	17.04 8
3 Holthus, Emily	Syracuse	17.72 6
4 Calfee, Moriah	Palmyra	18.48 4
5 Gano, Kayleigh	Palmyra	18.50 2

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Syracuse, NE

Results

Finals ... (Girls 100 Meter Hurdles)

Name	School	Finals	
6 Haag, Kiley	Syracuse	18.52	1
7 Young, Sammy Jo	Syracuse	18.56	
8 Parrish, Lauren	FC Sacred He	18.79	

Girls 300 Meter Hurdles

Meet Record: 46.40 * 2011 Courtney VanGrongingen

Name	School	Finals	
1 Box, Laura	NC Lourdes C	48.39	10
2 Harms, Nicole	Sterling	48.45	8
3 Simon, Kaitlynn	Johnson-Broc	53.61	6
4 Holthus, Emily	Syracuse	53.98	4
5 Wenzl, Carly	Sterling	54.39	2
6 Parrish, Lauren	FC Sacred He	55.42	1
7 Bennett, Brooke	Syracuse	56.62	
8 Gano, Kayleigh	Palmyra	56.78	
9 Deese, Abby	Cornerstone	58.15	
10 Jurgens, Alyssa	Sterling	58.32	
11 Haag, Kiley	Syracuse	59.07	
12 Koehler, Jayse	Johnson-Broc	59.36	
13 Wertenberger, Sara	FC Sacred He	59.63	
14 Meybrunn, Kristin	Lewiston	1:00.05	
15 Blank, Raegan	Pawnee City	1:01.02	
16 Stewart, Hunter	Johnson-Broc	1:02.22	
17 Strasheim, Megan	FC Sacred He	1:03.40	
18 Casarez, Corina	O Christian	1:03.57	
19 Hinrichs, Madelyn	DC West	1:05.51	

Girls 4x100 Meter Relay

Meet Record: 50.80 * 1999 Omaha Brownell-Talbot

Team	Relay	Finals	
1 O Christian Academy		54.09	10
2 Pawnee City		54.86	8
3 Syracuse		55.16	6
4 Conestoga		55.42	4
5 FC Sacred Heart		55.68	2
6 Palmyra		56.28	1
7 Johnson-Brock		57.81	
8 Cornerstone Christian		58.19	
9 DC West		58.47	
10 Sterling		58.48	
11 Lewiston		59.58	

Girls 4x400 Meter Relay

Meet Record: 4:16.70 * 1998 Falls City Sacred Heart

Team	Relay	Finals	
1 Conestoga		4:23.07	10
2 Sterling		4:25.15	8
3 NC Lourdes Central		4:25.16	6
4 Syracuse		4:31.66	4
5 Pawnee City		4:33.82	2
6 FC Sacred Heart		4:42.06	1

7 DC West	4:56.87
8 Johnson-Brock	4:56.88
9 Cornerstone Christian	5:04.98
10 Palmyra	5:12.77
11 O Christian Academy	5:18.38
--- Lewiston	NT

Girls 4x800 Meter Relay

Meet Record: 10:27.10 * 1998 Falls City Sacred Heart

Team	Relay	Finals	
1 NC Lourdes Central		10:59.98	10
2 Syracuse		11:03.15	8
3 Palmyra		11:39.27	6
4 DC West		11:47.50	4
5 Conestoga		11:52.26	2
6 Pawnee City		12:52.43	1
7 FC Sacred Heart		13:04.41	
--- Sterling		NT	

Girls High Jump

Meet Record: 5-04.50 * 2004 Ashley Smith

Name	School	Finals	
1 Willey, Mariah	Pawnee City	5-05.00*	10
2 Branek, Miranda	Pawnee City	4-06.00	8
3 Colgrove, Kayla	Conestoga	J4-06.00	6
4 Briley, Jill	NC Lourdes C	J4-06.00	4
5 Catlin, Ciara	FC Sacred He	4-04.00	1.5
5 Schock, Chloe	FC Sacred He	4-04.00	1.5
7 Kozma, Hailey	Conestoga	4-02.00	
8 Briley, Grace	Palmyra	4-00.00	
8 Poskočil, Carly	Palmyra	4-00.00	
--- Furtado, Jayda	Sterling	NH	
--- Schultheiss, Julia	Pawnee City	NH	
--- Welch, Olivia	NC Lourdes C	NH	
--- Fisher, Alisha	Sterling	NH	

Girls Pole Vault

Meet Record: 10-00 * 2000 Julie Froeschl

Name	School	Finals	
1 Drake, Katie	Conestoga	8-10.00	10
2 Farwell, Olivia	Pawnee City	8-06.00	7
2 Esch, Hannah	Syracuse	8-06.00	7
4 Zoller, Jaysa	Syracuse	8-00.00	4
5 Catlin, Ciara	FC Sacred He	7-06.00	2
6 Woods, Kahner	Syracuse	J7-06.00	1
7 Kozma, Hailey	Conestoga	6-06.00	
8 Glock, Regan	DC West	6-00.00	
8 Gutierrez, Hannah	DC West	6-00.00	
8 Hinrichs, Madelyn	DC West	6-00.00	
8 Schock, Chloe	FC Sacred He	6-00.00	
12 Morehead, Teresa	FC Sacred He	5-06.00	
--- Blank, Raegan	Pawnee City	NH	

2016 Irish Invitational - 4/19/2016

Syracuse, NE

Results

Girls Long Jump**Top 8 Marks Advance to Finals**

Meet Record: 17-06.25 * 2014

Mariah Willey

Name	School	Finals		
Finals				
1	Willey, Mariah	Pawnee City	15-07.50	10
2	Box, Laura	NC Lourdes C	15-03.75	8
3	Wehrbein, Megan	Lewiston	15-01.75	6
4	Hill, Jade	FC Sacred He	14-10.75	4
5	Goltz, Maggie	FC Sacred He	14-06.00	2
6	Woods, Kahner	Syracuse	14-04.00	1
7	Daegas, Rylie	O Christian	14-03.00	
8	Gobber, Ellie	Syracuse	14-02.50	
9	Petersen, Reagan	Syracuse	14-01.75	
10	Walvoord, Savannah	DC West	13-09.50	
11	Colgrove, Kayla	Conestoga	13-09.25	
12	Farwell, Olivia	Pawnee City	13-07.75	
13	Akers, Emma	Sterling	13-06.50	
14	Luff, Briley	Palmyra	13-05.25	
15	Simon, Kaitlynn	Johnson-Broc	13-03.75	
16	Reginald, Shirley	O Christian	12-04.75	
17	Schultheiss, Julia	Pawnee City	12-04.00	
18	Ebel, Ahren	FC Sacred He	12-02.75	
19	Kozma, Hailey	Conestoga	12-00.25	
20	Stolz, Sheanna	Sterling	11-09.00	
21	Westenburg, Brynn	Johnson-Broc	11-06.25	
22	Newman, Terra	Johnson-Broc	11-01.50	
23	Drake, Katie	Conestoga	10-11.50	
---	Poskochil, Carly	Palmyra		ND

Girls Triple Jump**Top 8 Marks Advance to Finals**

Meet Record: 36-04 * 2003

Michelle Habegger

Name	School	Finals		
Finals				
1	Goltz, Maggie	FC Sacred He	34-04.00	10
2	Harms, Nicole	Sterling	33-11.00	8
3	Hill, Jade	FC Sacred He	33-00.75	6
4	Wehrbein, Megan	Lewiston	32-05.25	4
5	Simon, Kaitlynn	Johnson-Broc	32-02.50	2
6	Weiler, Taylor	Syracuse	30-10.00	1
7	Colgrove, Kayla	Conestoga	30-07.50	
8	Bennett, Brooke	Syracuse	30-07.25	
9	Walvoord, Savannah	DC West	29-09.75	
10	Wertenberger, Sara	FC Sacred He	29-00.50	
11	Glover-Flakes, Talesha	DC West	28-07.50	
12	Schultheiss, Julia	Pawnee City	28-01.00	
13	Vanderslice, Sarah	Cornerstone	28-00.00	
14	Briley, Jill	NC Lourdes C	27-02.00	
15	Gyhra, Michaela	Pawnee City	26-06.50	
16	Stolz, Sheanna	Sterling	24-11.75	
17	Nichols, Mattie	Johnson-Broc	24-10.00	
18	Reginald, Shirley	O Christian	24-08.00	
19	Lee, Samantha	O Christian	24-01.00	
20	Cook, Sam	Cornerstone	23-09.25	

21	Anderson, Kaitlyn	Johnson-Broc	22-03.00
22	Drake, Katie	Conestoga	0.25

Girls Shot Put**Top 8 Marks Advance to Finals**

Meet Record: 44-01 * 2006

Samantha Musil

Name	School	Finals		
Finals				
1	Heits, Haylee	FC Sacred He	36-01.00	10
2	Meredith, Clark	Syracuse	35-03.25	8
3	Simpson, Becca	Conestoga	35-00.75	6
4	Prater, Ariel	Syracuse	33-10.50	4
5	Nordhues, Rachael	Syracuse	33-03.75	2
6	Keim, Valerie	Sterling	33-00.50	1
7	Bohling, Jessica	Johnson-Broc	32-04.25	
8	Kleppe, Katelynn	Pawnee City	32-00.25	
9	Fiegenger, Abby	FC Sacred He	31-09.50	
10	Agena, Emily	Sterling	30-11.75	
11	Bishop, Sami	NC Lourdes C	29-11.50	
12	Martinez, Kaseandra	NC Lourdes C	29-05.50	
13	Dowding, FrankieJo	Palmyra	29-02.25	
14	Thompson, Bailey	Conestoga	28-08.75	
15	Vaughn, Megan	Palmyra	28-05.25	
16	Keithley, Rachael	FC Sacred He	28-00.25	
17	Calfee, Moriah	Palmyra	27-03.75	
18	Morris, Brittany	Lewiston	26-05.50	
19	Akers, Emma	Sterling	24-10.50	
20	Pendell, Shyanne	Johnson-Broc	23-11.25	
21	Hunzeker, Eliza	Pawnee City	23-04.50	
22	White, Brianna	Cornerstone	23-03.25	
23	Koehler, Jayse	Johnson-Broc	22-00.50	
24	Swisher, Taylor	Lewiston	21-11.50	
25	Gomez, Andrea	NC Lourdes C	21-03.75	
26	McKim, Isabel	Conestoga	19-10.50	
27	Sisco, Stacy	Lewiston	18-10.50	

Girls Discus Throw**Top 8 Marks Advance to Finals**

Meet Record: 139-07 * 2006

Samantha Musil

Name	School	Finals		
Finals				
1	Meredith, Clark	Syracuse	118-03	10
2	Nordhues, Rachael	Syracuse	104-02	8
3	Vaughn, Megan	Palmyra	98-02	6
4	Prater, Ariel	Syracuse	96-04	4
5	Heits, Haylee	FC Sacred He	94-04	2
6	Kleppe, Katelynn	Pawnee City	91-10	1
7	Agena, Emily	Sterling	89-05	
8	Bohling, Jessica	Johnson-Broc	85-04	
9	Simpson, Becca	Conestoga	83-00	
10	Dowding, FrankieJo	Palmyra	81-11	
11	Keyes, Karen	Lewiston	80-11	
12	Bishop, Sami	NC Lourdes C	80-00	
12	Hunzeker, Eliza	Pawnee City	80-00	
14	Gress, Victoria	NC Lourdes C	78-06	
15	Pendell, Shyanne	Johnson-Broc	77-08	

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	Name	School	Finals
16	Morris, Brittany	Lewiston	75-06
17	Eckhardt, Heidi	Sterling	74-07
18	Fiegenger, Abby	FC Sacred He	72-06
19	Richards, Joanna	O Christian	63-01
20	Keim, Valerie	Sterling	62-03
21	Martinez, Kaseandra	NC Lourdes C	61-09
22	Keithley, Rachael	FC Sacred He	59-01
23	Gyhra, Michaela	Pawnee City	57-03
24	Thompson, Bailey	Conestoga	56-05
25	Molin, Johanna	Conestoga	50-05
26	Doe, Jane	Palmyra	50-00
27	Swisher, Taylor	Lewiston	40-09

Women - Team Rankings - 17 Events Scored

1)	Conestoga	95
2)	Syracuse	87
3)	Pawnee City	78
4)	Sterling	70
5)	NC Lourdes Central	57
6)	FC Sacred Heart	43
7)	O Christian Academy	36
8)	Palmyra	20
9)	Johnson-Brock	17
10)	DC West	10
10)	Lewiston	10
12)	Cornerstone Christian	4

Combined Team Scores - 34 Events Scored

1)	Syracuse	216
2)	Sterling	151
3)	Pawnee City	150
4)	Conestoga	128
5)	FC Sacred Heart	119
6)	NC Lourdes Central	93
7)	O Christian Academy	57
8)	Palmyra	36
9)	Lewiston	32
9)	DC West	32
11)	Johnson-Brock	28
12)	Cornerstone Christian	12